## Impact 211 is a Phone Call Away for Help

If you or someone you know has been impacted by business closings and job layoffs because of COVID-19, Impact 211 connects you to nearby resources for food pantries, shelters, counseling services and more based on your zip code. Representatives can help you address your needs. There are three ways to be connected to its 24-hour team of information and referral specialists.

- o Dial 211 or 877-947-2211
- Text your ZIP code to 898211. Standard message and data rates may apply.
- o Go online to: 211wisconsin.communityos.org

If you are recently unemployed, laid off or have had your hours reduced, apply for FoodShare at www.access. wisconsin.gov. You do not need to go to the welfare office; you may apply online or call 888-947-6583 or 711 (TTY), Monday through Friday, between 8:00 a.m. and 4:30 p.m. There may be longer than usual wait times.

## Milwaukee Public Schools Grab 'N Go Sites for Meals and Homework Pick-Up

With schools closed, not having access to free or reduced breakfast and lunch adds to the stress. Milwaukee Public Schools (MPS) wants students to fill their stomachs and their minds with "grab 'n go" meal sites across the area.

Between 11:00 a.m. – 1:00 p.m., Monday – Friday, these locations will give students meals to take home along with enrichment resources and materials to students in hard copy and online format. Call **414-475-8393** for more information.

ALBA - 1712 S. 32nd St.

Barbee Montessori - 4456 N. Teutonia Ave.

Bay View - 2751 S. Lenox St.

**Browning** - 5440 N. 64th St.

**Douglas** - 3620 N. 18th St.

Engleburg - 5100 N. 91st St.

Gaenslen - 1250 E. Burleigh St.

Hamilton - 6215 W. Warnimont Ave.

MacDowell Montessori - 6415 W. Mount Vernon Ave.

Marshall - 4141 N. 64th St.

Morse - 6700 N. 80th St.

North Division - 1011 W. Center St.

**Obama SCTE** - 5075 N. Sherman Blvd.

Pulaski - 2500 W. Oklahoma Ave.

Reagan - 4965 S. 20th St.

South Division - 1515 W. Lapham Blvd.

Thoreau - 7878 N. 60th St.

Vincent - 7501 N. Granville Rd.

Washington - 2525 N. Sherman Blvd.

Wisconsin Conservatory of Lifelong Learning - 1017 N. 12th St.

# **Connect to Hunger Task Force and Local Pantries**

**Call 2-1-1** to find the nearest food pantry or meal program to you. Hunger Task Force works with local pantries thoughout Milwaukee County, helping people with little or no food. In response to meal site program closures, Hunger Task Force is creating a network by offering emergency food supplies.

If you need help with FoodShare, call Hunger Task Force at the Robles Center at **414-897-0460**.

# **Emergency Stockboxes for Seniors from Hunger Task Force**

The Hunger Task Force Emergency Stockbox is a free box of healthy food for people age 60+ who have a monthly income of \$1,383 or less per month (\$1,868 for a two-person household). All Stockboxes include cereal, milk, canned veggies and fruits, pasta or rice, protein, fruit juice, canned meats and two pounds of cheese. Stockboxes will be available at public sites and distributed via drive-thru so that recipients do not need to get out of their cars. It's okay to bring a friend or send a family member to pick up a Stockbox. The signing and interview process are also being waived. To learn more, call **414-588-7132**.

### **Get Help in Spanish for Food and Supplies**

**Ayuda Mutua MKE** is offering food and supplies to those living in 53204 and 53215. Delivery is available if you're unable to pick up - you'll just need to fill out an online form. For more information, visit them at Facebook.com/AyudaMutuaMKE

**UMOS Food Pantry** hours are 1:00 p.m. - 4:00 p.m., Monday-Friday.

Call **414-389-6300** for more information.

### When Home Is Not Safe to Shelter in Place

With a state order to "Stay Safer at Home," it can be dangerous or even deadly for someone who lives with an abusive partner. Stressful times and economic hardship like we're experiencing now make domestic violence cases spike. Below are a few resources available in Milwaukee County:

The **Sojourner Truth Family Peace Center** provides a healthy and sanitary environment for families and aids people seeking to file a temporary restraining order (TRO).

To get help filing out a TRO, call Sojourner at **414-278-5079**. Leave a message that includes your full name and a safe call-back number. An advocate will call back to assist you with filing a TRO online between the hours of 8:00 a.m. – 4:00 p.m., Monday – Friday. The temporary restraining order documents will NOT be effective until reviewed and approved by a judge. For survivors of domestic abuse, sexual assault or human trafficking, call the confidential 24-hour line at **414-933-2722**.

In addition, the **UMOS Latina Resource Center** has a 24-hour bilingual support line for survivors of domestic abuse, sexual abuse and human trafficking. Call **414-389-6510**.



#### "Stay Safe" In Five Steps

Follow these five simple steps to help keep yourself and others healthy:

- 1. **Wash your hands** often with soap and water for at least **20 seconds**, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- 2. **Avoid touching** your eyes, nose and mouth with unwashed hands.
- 3. Stay home when you are sick.
- 4. **Cover your cough** or sneeze with a tissue, then throw the tissue in the trash. **Wash your hands**.
- 5. Avoid **close contact** with others.
- 6. **Knowing the signs** and symptoms of COVID-19 will help all of us stop it from spreading.

#### **Health Terms**

**COVID-19** – commonly referred to as the Coronavirus Disease 2019.

**Physical or Social Distancing** – a distance of six or more feet between you and another person.

**Community Spread** – means people have been infected with the virus in an area, including some who are not sure how or where they became infected.

# Let's Save a Seat for Our Everyday Heroes



There are a lot of essential workers keeping our community going right now; make sure you leave them a seat so they can get to work. Please stay off transit unless you're heading to or from an essential job, or you're traveling to the grocery store, pharmacy, or a medical appointment.

We know recent changes haven't been easy or convenient — we've been asking a lot from you. But these restrictions will help our community get through this, so we can get back to serving you normally as soon as possible. We're as eager for that day as you are. Stay safe (and stay home!)

# Safety for All Is a Must: Essential Travel Only

During the Coronavirus Disease (COVID-19) pandemic, MCTS provides bus service only for passengers who:

- · Are essential employees going to or from work
- · Are going to or from the grocery store, pharmacy, hospital or other critical location
- · Follow all recommendations from health officials

#### Our buses are NOT for:

- · Leisure riding
- · Loitering
- · Sleeping

#### Important information:

- · COVID-19 is serious and can make you sick and even lead to death.
- · COVID-19 infects **ALL** people regardless of who you are, where you live, work or play, what you do for a living, or your health.
- · The virus spreads the same way for all people.
- · It is very contagious and 10 time more deadly than the seasonal flu.
- · You can be infected and not know it ... and infect others!
- · There is no treatment and no vaccine.

#### Respect yourself, each other, and our bus drivers.

Visit **RideMCTS.com/coronavirus** or call **414-344-6711** for more information about COVID-19's impact on MCTS service

Inside: COVID-19 Info, Resources to Help: Meals, Housing, Domestic Violence